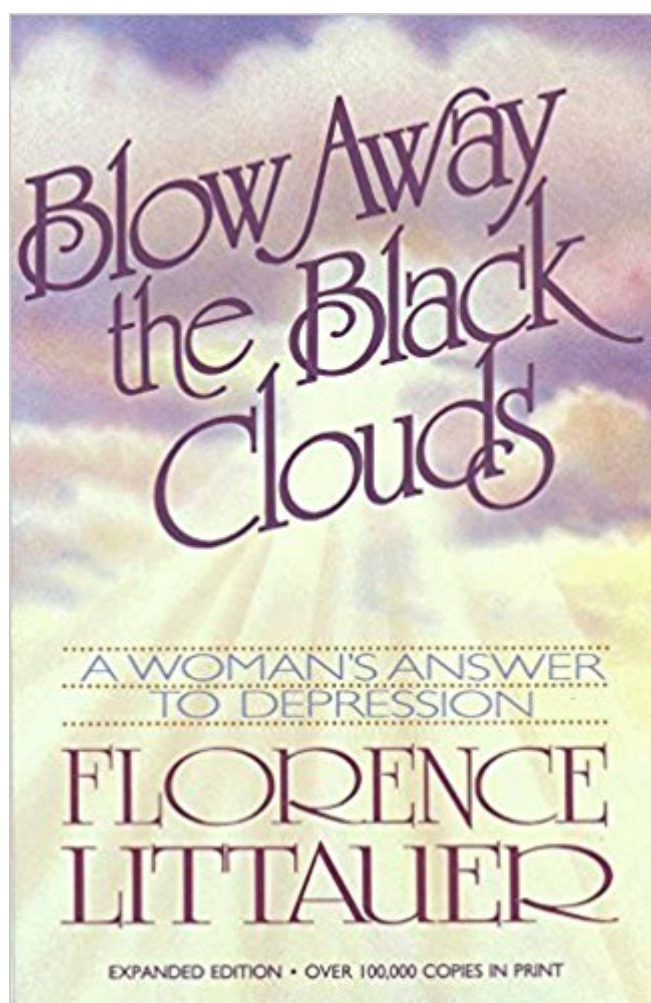


The book was found

# Blow Away The Black Clouds: A Woman's Answer To Depression, Expanded Edition



## Synopsis

Writing out of her own experiences, Florence Littauer addresses this book to women and men suffering from any level of depression, even if it is simply feelings of inadequacy, insecurity, or inferiority which get in the way of living fully.

## Book Information

Paperback: 136 pages

Publisher: Harvest House Publishers; Enlarged edition (July 1986)

Language: English

ISBN-10: 0890812853

ISBN-13: 978-0890812853

Product Dimensions: 8 x 5.3 x 0.7 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 4.5 out of 5 stars 16 customer reviews

Best Sellers Rank: #467,716 in Books (See Top 100 in Books) #42 in Books > Christian Books & Bibles > Christian Denominations & Sects > Protestantism > Inspirational #2126 in Books > Christian Books & Bibles > Christian Living > Self Help #37430 in Books > Self-Help

## Customer Reviews

Great for melancholic people!!!! This is a great help for people dealing with depression

The book very good if your just learning about depression, i read it years ago when i first started with depression. I am working with my md. to try to decrease my depression meds and thought this would have more examples of ways to manage through the weird feelings as you try to very slowly wean yourself off some meds, but it did not help me now.

I gave it to my wife who is a Melancholy Phlegmatic. She gave it to her friend who is a Sanguine Choleric. She gave it to a friend who is a Sanguine Phlegmatic. I never read it myself but apparently it's pretty good.

This book is an excellent resource for women coping with or avoiding depression. It shipped as scheduled and arrived in good condition. The cover had a crease and some stickers but the condition was well within the described guidelines.

Excellent book and service

There are seasons in each of our lives, and this summer was my wet monsoon. I have a tendency to get gloomy and depressed when too many worries start to pile up - the trouble with living vicariously through everyone around you. I hate gloomy, depressing people, so when I saw this title I snatched it up. If you just want someone to crawl into bed with you and understand, she understands, and she brings a hot cup of tea and warm hug with her. Her humor will perk you up. Her compassion will give you comfort. She is a good friend. Give her a read.

She's a great author. Everyone should have great books to be able to reach to when things start falling apart.

This book is a must for anyone battling depression. In plain and simple language it reveals how to combat and win over depression.

[Download to continue reading...](#)

Blow Away the Black Clouds: A Woman's Answer to Depression, Expanded Edition Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free) Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders) Television Can Blow Me 3: Blow Harder The Depression Workbook: A Guide for Living with Depression and Manic Depression, Second Edition Postpartum Depression: How to Overcome Postpartum Depression and Be a Happy Mom (Postnatal Depression) Postpartum Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression) Teen Depression: A Parent's Guide for Recognizing the Signs of Teenage Depression and Helping Your Child Find Happiness Again ~ ( Help for Depression in Teens ) Scholastic Q & A: Why Do Volcanoes Blow Their Tops? (Scholastic Question & Answer) National Geographic Kids Everything Weather: Facts, Photos, and Fun that Will Blow You Away Blow Away the Pulmonary Boards...Questions You Must Know to Pass the Exam The Pruning Answer Book: Solutions to Every Problem You'll Ever Face; Answers to Every Question You'll Ever Ask (Answer Book (Storey)) Longman Preparation Course for the TOEFL iBT® Test (with CD-ROM, Answer Key, and iTest) (Longman Preparation Course for the Toefl With Answer Key) Frogs: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious Naturalist)

Sharks: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious Naturalist)  
Small Wild Cats: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious  
Naturalist) Squirrels: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious  
Naturalist) Bipolar Faith: A Black Woman's Journey with Depression and Faith Willow Weep for Me:  
A Black Woman's Journey Through Depression Kovels' Depression Glass & Dinnerware Price List,  
7th Edition (Kovel's Depression Glass and Dinnerware Price List)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)